

Managing your health with ibxpress.com

On ibxpress.com you can conveniently and securely view your benefits and claims information and use the tools that help you take control of your health. As an independent Blue Cross member, you and your dependents 14 years of age and older can create your own accounts on ibxpress.com.

To register, simply go to ibxpress.com, click *Register*, and then follow the directions. You will need information from your ID card to register, so be sure to have it handy.

Once you're registered, log on to ibxpress.com to:

- view your benefits information;
- review claims information;
- review annual out-of-pocket expenses;
- request a replacement ID card and print a temporary ID card;
- change your PCP (Keystone);
- view and print referrals;
- download forms.

The ibxpress.com website also provides you with tools and resources to help you make informed health care decisions.

- Provider Finder and Hospital Finder
- Symptom Checker
- Health Encyclopedia
- Treatment Cost Estimator
- Personal Health Profile
- My Health Assistant
- Health Trackers
- Personal Health Record

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You can enjoy exclusive value-added discounts and offers on programs and services from leading national companies. Blue365 gives you an easy-to-use, valuable resource to save on healthy programs and services. Visit www.blue365deals.com to see the latest discounts.